



## Crunchy granola with apple and cinnamon

**SE/DK/NO Ingredienser:** Granola av **havre** (gluten fri) 51%, **skummjølkspulver/skummetmælkspulver** maltodextrin, äpple/æble/eple 10 %, palmfett, kanel 0,4 %.

**EN Ingredients:** **Oat** granola (gluten free) 51 %, skimmed **milk** powder, maltodextrin, apple 10 %, palm fat, cinnamon 0,4 %.

**FR Ingrédients:** Muesli **davoine** (sans gluten) 51 %, **lait** écrémé en poudre, maltodextrine, pomme 10 %, graisse de palme, cannelle 0,4 %.

**Claims:** Lactose free, Gluten free, Vegetarian

**Category:** Dry meal

### Preparation:

- 1 Tear off the top and fold out the bottom
  - 2 Add 150 ml of cold (level E)
  - 3 Stir
  - 4 Re-seal, wait 5 mins
- Add more water if required.

**Content:** 150 g

**Shelf life:** 60 months at an ambient temperature in a temperate climate or according to NATO Standard AMedP-1.11; Chapter 2.4. – Shelf Life.

**Storage:** Dry at room temperature.

**Nutritional values:**

<b>Nutritional declaration</b>	<b>Per 100g (dry product)</b>	<b>Per Pouch (prepared)</b>
Energy (kJ)	1785 kJ	2677 kJ
Energy (kcal)	425 kcal	638 kcal
Fat	16 g	24 g
of which saturated fat	4,9 g	7,4 g
Carbohydrate	57 g	86 g
of which sugars	18 g	26 g
Fiber	3,6 g	5,4 g
Protein	11 g	16 g
Salt	0,24 g	0,36 g



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